

Lesson Plan

Book and Authors: Bola Sol – Finance Expert and author of *How to Save It*

Topic – Financial Wellbeing

Learning Objective: looking at how creating good habits can lead to healthy, financial wellbeing

Starter (10 minutes) – Play the clip 0.20 – 0.30

The activity is to ask the students to put the 'cost of living' into their own words. What is it and how does this affect us? Helpful words to support LA are in the images on the slide.

Challenge task – what has brought about the cost of living crisis?

Discuss their ideas as a class and then play the clip (from start to 4 mins) asking students to annotate their answers using the explanation from Bola and Peigh.

Task 1 – Average cost of living (6 minutes)

Quick fire question – take answers from the students on what they think the average UK salary is and then show them the answer and see how it compares.

We're going to look at the average salary, average tax and NI (excluding any student loan or pension payments and see how this works out on a typical month)

Higher or Lower – give them the price of the average rent for a single person in Birmingham and then let them guess if price for utilities is higher or lower than rent. Carry this on until the end at sports and leisure.

#Merky Books x HSBC Futures

Lesson Plan 1

Challenge task – see if any students can do the mental maths here to see what our average UK person, living in Birmingham, is

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Challenge task – see if any students can do the mental maths here to see what our average UK person, living in Birmingham, is left with each month, after bills etc. The answer is £346.72

Task 2 – Saving (15 minutes)

Watch the clip (from 4.00 to 7.05)

Ask students to complete the mind maps on an emergency fund/goal fund. Give them a few minutes to complete the activity and then discuss as a class.

Then ask students to use a different coloured pen and write down what they think their emergency/goal funds will look like in 5 years' time. The aim is for them to see how their goals and emergencies will change as they navigate through the next 5 years of their lives and how they made need to adjust their savings projections to encompass their plans.

Task 3 – Budgeting (10 minutes)

Watch the clip from (7.05–10.36)

There are two options for this part of the lesson:

1. Allow students to download the Emma budgeting app to their phones or go onto the Emma website and complete a budget for their lifestyle.
2. Complete the budgeting handout sheet

The aim here is for students to visually set out their own budget and see what their disposable income is. If students are not working give them the scenario below and ask them to create a budget for their future selves.

Scenario: You are working part-time 10 hours per week at a supermarket, whilst you attend school/college. The National Minimum wage for 16-17 year olds is £5.28 and for 18-20 year olds is £7.49. Ask them to envision what lifestyle they want, this can include cars, hobbies, holidays etc and use this to create the budget.

When completed ask them to discuss their budget with a partner and see if there is anything they can add to their own sheet.

Plenary – Don't put all your eggs in one basket (5 minutes)

Ask students to think about the popular phrase and how it can relate to what Peigh and Bola have been discussing today

1. Savings

Starter Activity

Starter activity – the cost of living crisis

Challenge task: Challenge task: what has brought about the cost of living crisis?



What is the COST OF LIVING Crisis? | Newsround – YouTube

Quick Fire Question

What do you think is the average salary in the UK?

What is the average salary in the UK?

£25,971

After tax and National Insurance payments the take home pay is **£21,683**, monthly this equates to **£1,807**.

Let's look at how this works out for average person, living alone in one of the UK's biggest cities, Birmingham.

Higher or Lower?

Rent (1 bed apartment – city centre)	£824.07
Utilities (electric, heating, water, internet)	Lower - £240.21
Food	Lower £206
Travel (train season pass)	Lower £70
Socialising (2 meals out, mid range restaurant)	Higher £75
Sports and Leisure (gym and one cinema visit)	Lower £45

What disposable income do we have?

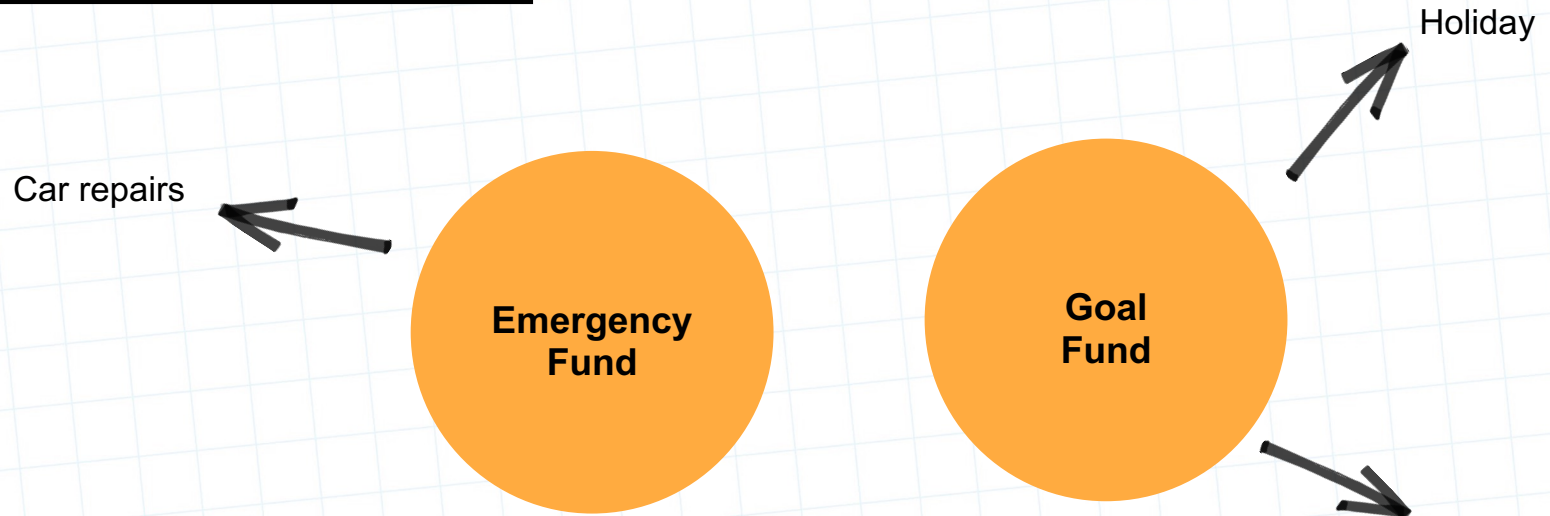
Income minus expenditure = disposable income

$$£1807 - £1460.28 = £346.72$$

What would we do with the £346.72?

Let's see what Bola's advice on saving is.

Personal Finance – Savings



Challenge task:

Write an amount next to each idea, to give yourself a rough idea of how much you will need to save

Personal finance – budgeting

Complete the budgeting worksheet, based on your monthly income and expenditure.

If you don't currently have an income stream, use the scenario below and work out the budget for your future self.

Scenario: You are working part-time 10 hours per week at a supermarket, whilst you attend school/college.

The National Minimum wage for 16-17 year olds is £5.28 and for 18-20 year olds is £7.49. Envision what lifestyle you want, this can include cars, hobbies, holidays etc and use this to create the budget.



Plenary

Don't put all your eggs in one basket

